

Challenges for Individuals

Easy – Medium – Challenging



The plastic problem:	What to do:	Local knowledge and tips (see Directory):
Plastic bags	<ul style="list-style-type: none"> * Recycle all of the plastic bags you have * Buy a cloth bag and always carry it with you * Refuse plastic bags, even if it means you are unable to complete your shop that day 	Corsham Co-op for recycling
Fruit and vegetables	<ul style="list-style-type: none"> * Opt for loose fruit & veg and never put it in a plastic bag * Refuse packaging at shops by taking goods out and leaving it with the shop 	May's Greengrocer's
Refill products	<ul style="list-style-type: none"> * Switch to refillable products, e.g. washing up liquid * Always remember your refillable bottles 	Green Ginger offer lots of refills Did you know? Refills are often cheaper than buying new
Reusable food containers, e.g. for meat, cheese	<ul style="list-style-type: none"> * Ask shops to put your goods into your own container * Always remember your containers when shopping * Refuse plastic wrapping wherever possible 	Toby Haynes Butchers Corsham Deli Green Ginger
Hot and cold drinks	<ul style="list-style-type: none"> * Buy a reusable water bottle and hot drink cup * Ask in cafes/restaurants for your drink to be in a glass * Reduce consumption of soft drinks or buy in glass and recycle * Write to the Council to ask them to provide a public tap 	Did you know? The Pound offers a discount to people who bring their own reusable cup
Reusable straws	<ul style="list-style-type: none"> * Request to not have a straw when ordering your drink * Carry your own straw * If given one, refuse it and explain why. Ask the owner to supply paper straws 	Did you know? You can buy your own reusable straws made from bamboo or stainless steel
Food on the go	<ul style="list-style-type: none"> * Ditch cling film and use your own reusable container for lunch/snacks on the go. Take your own cutlery * Buy snacks in bulk and decant into your own containers * Make your own beeswax cloth wraps for sandwiches 	Tip: your container could be plastic as long as it can be washed and reused. Always look for BPA free plastic – numbers 1,2,5 on recycling info.
Single use sachets of sauce	<ul style="list-style-type: none"> * Refuse them! Hand them back and explain why * Ask the cafe/restaurant owner to provide sauces in saucers, bottles or jars 	
Cleaning products	<ul style="list-style-type: none"> * Stop using single use products, e.g. disinfectant wipes. Look for reusable or refillable alternatives * Buy products in non-plastic packaging, e.g. laundry powder in cardboard box * Make your own cleaning products * Invest in washable cleaning cloths/sponges 	Green Ginger Did you know? Vinegar, water and lemon (50:50 with juice of 1 lemon) makes a very effective all- purpose cleaner. Combine this with washable cloths and save money!
Beauty products	<ul style="list-style-type: none"> * Use refillable products, e.g. shampoo * Use bars of soap rather than liquid soap * Buy non-plastic alternatives, e.g. bamboo toothbrushes * Make your own deodorant and moisturiser 	Green Ginger Did you know? You can buy shampoo soap bars which are just as good as liquid shampoo
Milk containers	<ul style="list-style-type: none"> * Opt for waxed card or glass bottled products * Have your milk delivered in glass bottles * Make your own nut milk 	Planks Dairies
Pet waste	<ul style="list-style-type: none"> * Use biodegradable/compostable bags * Set up a pet poo composting system at home 	Green Ginger
Bin liners	<ul style="list-style-type: none"> * Opt for biodegradable/compostable bags * Use newspaper to line your bins 	Green Ginger

Our advice: start by changing 1 thing and build up!

Simply get into the habit of looking for non-plastic alternatives, it will soon become automatic.

Want to do even more?

- Write to your supermarket or company to request the option to have no plastic packaging.
- Join Transcoco! Investigate local and national groups that are taking action, e.g. Transcoco litter pick.

Local Business Directory:

The following directory is intended as a local reference guide to shops/businesses/cafes that can help with reducing plastic waste. It is currently produced by Transcoco based on their own experiences. Please get in touch if:

- You are mentioned below and offer more than we have listed
- You are keen to reduce plastic waste, or are already doing so, and would like to be in our directory!

E-mail - transitioncorsham@gmail.com or look up Transcoco on Facebook

Always remember -

- Reduce - remember your reusable shopping bags, opt for refills, buy in bulk, refuse plastics that cause damage, e.g. straws, takeaway cups, utensils, balloons
- Reuse – what you already have
- Recycle – when it cannot be avoided dispose of your current plastic waste responsibly
- Ask! You will find that most places are happy to help if you explain what that you are trying to reduce your plastic waste.

Council Kerbside Recycling:

- You are now able to put lots more plastic items in your blue bin, including margarine tubs, juice cartons, plastic pots and much more. For more info see - <http://www.wiltshire.gov.uk/rubbish-and-recycling-new-services>

Co-op Supermarket:

- Have a recycling point for plastic bags.
- Many of Co-op's packaging such as cereal bags are also recyclable, check the packaging before binning
- Are happy to put loose fruit and vegetables through the tills in no bag

Toby Haynes Family Butchers:

- Sell cloth bags
- Accept reusable containers
- Provide meat wrapped in biodegradable and compostable paper
- Provide paper bags to carry your shopping in

May's Greengrocers:

- Provide paper bags for your loose fruit and vegetables
- May be able to offer a spare cardboard tray for your shopping or plants
- Are happy to put loose fruit and vegetables through the tills in no bag

Green Ginger:

- Offer lots of refillable products, including washing up liquid, shampoo, conditioner, hand wash, surface cleaning liquids
- Sell bulk products, such as oats, nuts, seeds, as well as herbs and spices. Paper bags are available.
- Sell many products loose, e.g. soap
- Sell products in cardboard packaging, such as laundry powder
- Sell machine washable cleaning cloths and sponges
- Sell flushable wet wipes, cardboard cotton buds, shampoo bars
- Sell natural material products such as toothbrushes, scrubbers, bamboo cloths, sanitary products, veg bags, toilet rolls with non-plastic packaging.

Deli:

- Accept reusable containers

The Pound:

- Offer 10% discount to customers who bring their own reusable hot drink cups
- Only use glasses/china for beverages

Cafe Corsham:

- No single use plastic stirrers, cutlery, straws, milk pots, sauce sachets
- Paper not plastic bags used
- Will fill customers' own reusable hot drink cups

Grounded:

- No single use plastic stirrers, cutlery, milk pots or sauce sachets
- Paper not plastic bags used. Boxes for takeaway food.
- Will fill customer's own reusable hot drink cups

Lowdens Farm Shop and Café:

- No single use plastic stirrers, cutlery
- Take out cups are biodegradable. Will also fill customers' own hot drink cups
- Deli pots compostable. Butchery has reusable sealable bags
- Sell large range of reusable food and drink containers also rugs made from recycled plastic bottles
- Continually try to reduce waste

Hare and Hounds pub:

- No single use plastic stirrers, cutlery, milk pots, sauce sachets
- No plastic drinks bottles, no plastic bags
- Use biodegradable hand towels
- Toilet rolls have no cardboard rolls and no plastic wrap

Previous Cafe and shop:

- No plastic stirrers, cutlery, straws, milk pots, sauce sachets
- No plastic bags, recycled paper bags, card boxes for takeaway
- Use biodegradable bin liners
- Use biodegradable takeaway cups and sell bamboo cups
- Sell natural bristle wooden brushes for washing up etc

VLP - Viva La Pizza:

- No plastic stirrers, cutlery, straws, milk pots, sauce sachets
- Will fill customers' own hot drink cups
- No plastic drinks bottles

Mr Pastry Bakery:

- No plastic stirrers, cutlery, crockery, milk pots, sauce sachets
- Only paper or biodegradable plastic bags

The Royal Oak:

- No plastic stirrers/cutlery/crockery/sauce sachets
- Use reusable containers and sandwich trays
- All adult drinks in glass bottles
- Buy large industrial sized bottles to refill hand soap, washing up liquid, floor cleaner

Flemish Weaver:

- No plastic stirrers/cutlery/crockery/sauce sachets
- Use compostable straws
- Takeaway hot drinks served in biodegradable cups and lids
- All bottles are glass and are recycled
- All cloths reusable, cleaning products bought in big containers that are then recycled
- All plant pots re-used by local nursery in Box
- Everything that can be recycled, is

Camomile Café:

- No plastic stirrers/cutlery/crockery
- Use paper straws
- No goods sold in plastic bags
- Use bulk containers of cleaning products where possible
- Aim to buy wooden/natural material toys for children's play areas where feasible

Parsons Bakery:

- No plastic stirrers, cutlery, crockery, straws, sauce sachets
- No single portion milk pots
- Will fill customers' own hot drink cups, sell own brand reusable cups
- All waste separated and sent to Head Office for bulk recycling
- Food waste avoided where possible, eg unsold bread used for bread pudding

Further afield:

- **Green Bumble** sell re-wraps, fabric squares coated in beeswax, jojoba oil and pine resin which can be used to replace single use plastic for wrapping sandwiches, bread, fruit/veg or for covering a bowl, etc. For prices and to order, email GreenBumbleUK@gmail.com or see website - www.greenbumble.co.uk
- **Planks Dairies** supply milk to your doorstep in glass bottles
- Larger supermarkets with deli/meat counters will let you use your own containers, e.g. Sainsbury's in Chippenham